

# Gluten Free AND Dairy-Free Products

- Rice Breads:** White, Multiseed, Cinnamon Raisin, White Sugar Free
- Oat Breads:** Toasted Oat, Toasted Honey Oat, Toasted Brown Honey Oat  
Cinnamon Raisin
- Rice Buns:** White(5), Multiseed(5)
- Oat Buns:** Toasted Honey Oat(12), Toasted Honey Oat(4), Cinnamon Raisin(4)
- Pizza Crusts:** 7" White(2), and 10" White(2)
- Bagels:** Honey and Oat Sourdough, and Sundried Tomato and Garlic Sourdough
- Meals:** Chicken Pot Pie 5", Chicken Pot Pie 9", Shepherds Pie, Sherherds Pie 10"
- Biscotti:** ALL flavors
- Fruit Pies:** Apple, Strawberry-rhubarb, Cherry  
( Seasonal ) Saskatoon, and Pumpkin
- squares:** Lemon squares, Brownies
- Muffins:** Apple Blueberry, Banana, Vanilla Raspberry, Lemon poppy seed,  
Lemon Cranberry, and Carrot nut
- Cupcakes:** Chocolate or Vanilla *dairy free* Cupcakes (Dairy Free **MUST** be Specified)
- Cookies:** Egg and Dairy free chocolate chip, Chocolate Chip, Double chocolate chip  
Gingersnaps, and M'oreos